



Royal Flying Doctor Service
QUEENSLAND SECTION

FIT TO FLY **CHALLENGE**

The difference you'll make



\$30

Will help provide digital and printable resources related to specific mental health concerns.



\$55

Can contribute towards delivering essential Mental Health First Aid training in local communities.



\$92

Will help provide one on one counselling to an outback Australian during a difficult time.



\$250

Can help make community-based wellbeing workshops possible in remote areas.